



DEPARTMENT OF THE ARMY
FRED T. FOARD HIGH SCHOOL
3407 PLATEAU ROAD
NEWTON, NORTH CAROLINA 28658-8809



19 July 2010

MEMORANDUM FOR: Raider Team Commanders

SUBJECT: 4th Annual Fred T. Foard High School Raider Meet

1. Fred T. Foard High School will sponsor a Raider Meet at Southside Park in Newton, NC, which is adjacent to the **National Guard Armory, 1811 S US 321 HWY, Newton, NC 28658** on **Saturday, 13 November 2010**. **Commander's call will be at 0800 hrs in the armory. PT Test will start at 0830 hrs.** Events will consist of the modified APFT, 5 KM Road March/Run, Litter Carry, HMMWV Pull and One Rope Bridge. **A Tug of War will be the last event, but will not count in the overall standings.** Trophies will be awarded for the top three teams overall, first through third places in each event, and each participant will receive a ribbon. Registration will be \$60.00 per team, and the teams will consist of nine cadets – 8 cadets for the primary team and 1 alternate that can be substituted as the team captain determines (i.e. 9 makes 8 concept).
2. Please return the attached registration form to reserve your team's place in the competition. We will do the APFT first; then round robin the other events. Judges will be provided by the National Guard and Army Reserve to the maximum extent possible, however I may need some SAIs/AIs to help on the APFT scoring. Registration is limited to the first 15 teams, so don't delay.
3. The 4th Brigade Raider South MOI will be followed for all events, so please review this document for additional details and specific information. Each team must carry a fully assembled guidon throughout the events.
4. Logistics: Our Parent support group will sell drinks and snacks at the meet throughout the day at nominal prices. If you desire to come in the night before please coordinate with us in advance. We can arrange housing to a limited number of teams at the National Guard Armory, which is located at Southside Park. The meet will take place rain or shine.
5. Scoring: A simple cross country style scoring system will be used for each event. In the event of a tie for the overall standings, the 5K March/Run times will be used to determine the winner.
6. Administration: SAIs/AIs should have Covenant Not to Sue forms for each participant and their team's Statement of Cadet Health with them at the meet.
7. Acknowledgement and timeline will be mailed upon receipt of registration form and fees. POC is 1SG(RET) William Thiel or LTC(RET) Crowe at (704) 462-1496, Fax (704) 462-1988; email steven_crowe@catawba.k12.nc.us or william_thiel@catawba.k12.nc.us .

STEVEN L. CROWE
LTC, USA (RET)
Senior Army Instructor

ENTRY FORM

SCHOOL NAME _____

SCHOOL ADDRESS: _____

SCHOOL PHONE: (____) _____ **EMAIL:** _____

POC NAME: _____

NUMBER OF TEAMS ENTERING: _____ X \$60 .00 = _____

Team Composition: Team #1 _____ *Males* _____ *Females*

Team #2 _____ *Males* _____ *Females*

Overnight stay requested (@ National Guard Armory) _____ *Yes* *No* _____

Payment information: Make check payable to: Fred T. Foard JROTC

School address: Fred T. Foard High School
3407 Plateau Road
Newton, NC 28658

POC contact numbers: LTC(R) Crowe, SAI, (704) 462-1496 ext 5303,
Steven_Crowe@catawbасhools.net

1SG(R) Thiel, AI, (704) 462-1496 ext 5303,
William_Thiel@catawbасhools.net

13 NOV 2010
SEQUENCE OF EVENTS

LOCATION: National Guard Armory, 1811 US 321 Hwy, Newton, NC 28658
(Adjacent to Southside Park)

PARKING: Behind the armory on the grass field (vicinity rope bridge area)

0715 – 0745 - Grader meeting/standards discussion

0745 – 0800 - Teams report in with necessary paperwork

0800 – 0815 - Commanders/Team Captains meeting

0830 – 0930 - Modified Physical Training Test

0930 – 1330 - Teams rotate through events at their discretion***

1330 – 1400 - Tug of War

1400 - `1415 - Awards and Closing Ceremony

***All teams must be finished with all events by 1330hrs. If a team is not finished, then they will automatically receive a disqualification from the remaining event or events. The cutoff time is non-negotiable.