

South Lakes High School Academic and Sports Challenge 2012

WHAT: South Lakes JROTC Seahawk Battalion Fifth Annual Academic and Sports Challenge

WHEN: 19 MAY 2012

WHERE: 11400 South Lakes Dr., Reston, Virginia

POC LIST:

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School Main Office: 703-715-4500

GENERAL INFORMATION:

1. The Cadet Challenge is a fun filled event that gives Cadets an opportunity to utilize some of the skills they've learned throughout the year. There will be competitive physical, academic and team events along with non-competitive activities that friends, families and spectators can enjoy. Outside of the competitive events, there will be other activities provided by the U.S. Army local recruiting station, a car wash, and information booths. Our goal is to provide a fun event with a variety of activities that enhance the spirit and goals of the JROTC program.
2. The entrance fee for this event will be a non-refundable \$65 per team and \$30 for each additional team. This amount is due to South Lakes JROTC by 14 April 2012. Make all checks payable to South Lakes JROTC. All forms must be filled out and on hand upon arrival to the competition site. Schools are chosen on a first come, first serve basis with a total of no more than 15 schools. Each school can enter up to 2 teams per activity, but only one complete team will count for the overall team trophy. A complete school team will be composed of a; PT Team, Academic Team, Football Team, Basketball Team, Soccer Team, a Volleyball Team and Tug of War Team. Each school team must compete in all competition categories to be eligible for the overall award.

3. The competition categories are; The PT Challenge (8 cadets, 5 males and 3 females), the Academic Challenge (4 cadets), Flag Football (7 cadets), Basketball (5 cadets), Soccer (6 cadets), Volleyball (6 cadets) and Tug of War (5 males and 3 females). Cadets can participate in more than one category but must be aware that a number of activities will be going on at the same time. Bring more cadets just in case you have two events occurring at the same time. Alternates for any team can replace team members as needed. All cadets must be in good academic standing with their school and JROTC program.
4. Cadet Liability: SAI/AIs are responsible for the safety of their own cadets. This is intended to help prevent unsafe acts during all activities to include athletic and non-challenge activities (i.e. in non-competitive events). Cadets with medical issues need to be excluded from all physical events at the discretion of the SAI/AI of the cadets' respective schools. Safety will be emphasized in the commander's briefing and by OICs in each event to team captains.
5. Uniform for all events should be, a Team/School shirt, running shoes, and sweat pants/shorts. It is recommended that the Academic team wear a team shirt or other distinguishing apparel.
6. Trophies will be awarded for 1st, 2nd, and 3rd place overall; 1st and 2nd place in PT challenge, Flag Football, Basketball, Soccer, Volleyball and Tug of war; Individual awards will be given for the most push-ups, sit-ups, and fastest mile run. The PT Challenge will include a Modified Army Physical Fitness Test (1-minute pushups, 1-minute sit-ups, 1 mile run, and 30-meter shuttle run); Academics will be based on general JROTC Leadership knowledge and current events. Flag Football is 7-on-7, Basketball is 5-on-5, Soccer is a 6-on-6 and Volleyball is 6-on-6.
7. The Cadet Challenge is a, rain or shine event. In case of rain, events will be held inside in the gym. Food and beverages will be sold throughout the day.

Sequence of Events

0730-0745: Registration

0745-0800: Commander's Briefing

0815-0830: Opening ceremony

0830-1000: MAPFT in the Gym and football stadium

1000-UTC: Event Rotation based on team schedule (Flag Football, Basketball, Volleyball, Soccer, and Academic Challenge will all take place at the same time)

1600-1630: Awards/Closing Ceremony.

Note: Schedule will be adjusted depending on number of schools or teams attending

REGISTRATION FORM

(Mail in with fees by 14 April 12)

SCHOOL AND ADDRESS:

POINT OF CONTACT: _____

PHONE: SCHOOL _____ **FAX:** _____ **HOME:** _____

EMAIL WORK: _____ **HOME:** _____

NUMBER OF CADETS: MALE; _____ **FEMALE;** _____

CATEGORIES OF COMPETITION:

Modified APFT

Flag Football

Basketball

Academic Challenge

Volleyball

Soccer

Tug of War

Make checks payable to: South Lakes High School Army JROTC

Mail to:

South Lakes HS Army JROTC

ATTN: MAJ(R) Schuler

11400 South Lakes Drive

Reston, Virginia 20191

Note: Registration fee is \$65 per team and \$30 for an additional team. No separate competition for males and females. We have 15 slots for schools so it is a first come, first serve basis with others on standby.