

South Lakes

AJROTC 11th Annual Sports & Academics

CHALLENGE

THE PURPOSE: To build teamwork and promote healthy competition between schools.

LOCATION: 11400 South Lakes Drive, Reston VA.

WHEN: MAY 12th, 2018

WHERE: SOUTH LAKES GYMNASIUM

TIME: 0800-1600

Check in at 0730

CONTACT US: Major (Ret.) Joseph Schuler

Phone: (703) 715-4629

Email: JVSchuler@fcps.edu

South Lakes High School Academic and Sports Challenge 2018

WHAT: South Lakes JROTC Seahawk Battalion Tenth Annual Academic and Sports Challenge

WHEN: 12 MAY 2018

WHERE: 11400 South Lakes Dr., Reston, Virginia

POC LIST: Cadet Major Abbigale Higdon
703-547-7334 (cell) e-mail: abbihigdon@yahoo.com

SAI: MAJ(R) Joseph Schuler, SAI, South Lakes JROTC
703-715-4629 (office), e-mail: joseph.schuler@fcps.edu

AI: SFC(R) Anthony Handy, AI, South Lakes JROTC
703-715-4614 (office), e-mail: anthony.handy@fcps.edu

School Main Office: 703-715-4500

GENERAL INFORMATION:

1. The Cadet Challenge is a fun filled team building event that gives the Cadets an opportunity to utilize leadership and teamwork skills. There are competitive physical, academic and team events along with non-competitive activities that friends, families and spectators can enjoy. Outside of the competitive events, there will be other activities provided by the U.S. Army local recruiting station, a car wash, and information booths. Our goal is to provide a fun event with a variety of activities that enhance the spirit and goals of the JROTC program.
2. The entrance fee for this event will be a non-refundable \$65 per team (covers all events) and \$30 for each additional team. This amount is due to South Lakes JROTC by 20 April 2017. Make all checks payable to South Lakes JROTC. All forms must be filled out and on hand upon arrival to the competition site. Schools are chosen on a first come, first serve basis with a total of no more than 15 schools. Each school can enter up to 2 teams per activity, but only one complete team will count for the overall team trophy. A complete school team will be composed of a; PT Team, Academic Team, Football Team, Basketball Team, Soccer Team, a Kickball Team, Tug of War team, and a Leadership Reaction Course team. In order for your team to be eligible for the overall awards, your school must compete in all competition categories.
3. The competition categories are; The PT Challenge (8 cadets, 5 males and 3 females), the Academic Challenge (4 cadets), Flag Football (7 cadets),

Basketball (5 cadets), Soccer (6 cadets), Kickball (10 cadets), Tug of War (8 cadets, 5 males and 3 females), and Leadership Reaction Course (5 males and 3 females). Cadets can participate in more than one category but must be aware that a number of activities will be going on at the same time. Bring more cadets just in case you have two events occurring at the same time. Alternates for any team can replace team members as needed. All cadets must be in good academic standing with their school and JROTC program.

4. Cadet Liability: SAI/AIs are responsible for the safety of their own cadets. This is intended to help prevent unsafe acts during all activities to include athletic and non-challenge activities (i.e. in non-competitive events). Cadets with medical issues need to be excluded from all physical events at the discretion of the SAI/AI of the cadets' respective schools. Safety will be emphasized in the commander's briefing and by OICs in each event to team captains.
5. Uniform for all events should be, a Team/School shirt, running shoes, and sweat pants/shorts. It is recommended that the Academic team wear a team shirt or other distinguishing apparel.
6. Trophies will be awarded for 1st, 2nd, and 3rd place overall; 1st and 2nd place in PT challenge, Flag Football, Basketball, Soccer, Kickball, Tug of War, and Leadership Reaction Course; Individual awards will be given for the most push-ups, sit-ups, and fastest mile run. The PT Challenge will include a Modified Army Physical Fitness Test (1-minute pushups, 1-minute sit-ups, 1 mile run, and 30-meter shuttle run); Academics will be based on general JROTC Leadership knowledge and current events. Flag Football is 7-on-7, Basketball is 5-on-5, Soccer is a 6-on-6, Kickball is 10-on-10, and Tug of War is 8-on-8.
7. The Cadet Challenge is a rain or shine event. In case of rain, events will be held inside in the gym. Food and beverages will be sold throughout the day.

Sequence of Events

- **0730-0745:** Registration
- **0745-0800:** Commander's Briefing
- **0815-0830:** Opening ceremony
- **0830-1000:** MAPFT in the Gym and football stadium
- **1000-UTC:** Event Rotation based on team schedule (Flag Football, Basketball, Kickball, Soccer, and Academic Challenge will all take place at the same time)
- **1600-1630:** Awards/Closing Ceremony.

*Note: Schedule will be adjusted depending on number of schools or teams attending

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REGISTRATION FORM

(Mail in with fees by 20 April 2018)

SCHOOL AND ADDRESS:

POINT OF CONTACT: _____

PHONE: SCHOOL _____ FAX _____ HOME _____

EMAIL: WORK _____ HOME _____

NUMBER OF CADETS: MALE; _____ FEMALE; _____

CATEGORIES OF COMPETITION:

Modified APFT
Flag Football
Basketball
Academic Challenge
Kickball
Tug of War
Soccer
Leadership Reaction Course

Make checks payable to: South Lakes High School

Mail to:

South Lakes HS Army JROTC

ATTN: MAJ(R) Schuler

11400 South Lakes Drive

Reston, Virginia 20191

Note: Registration fee is \$65 per team and \$30 for an additional team. There is no separate competition for males and females. We have 15 slots for schools so it is a first come, first serve basis with others on standby.