

DEPARTMENT OF THE ARMY  
FRED T. FOARD HIGH SCHOOL  
3407 PLATEAU ROAD  
NEWTON, NORTH CAROLINA 28658-8809

MEMORANDUM FOR: Raider Team Commanders

23 August 2017

SUBJECT: 11th Annual Fred T. Foard High School Raider Meet (Best of the Best Qualifier)

1. Fred T. Foard High School will host our 11<sup>th</sup> annual Raider Meet on 18 November 2017. The address is 3407 Plateau Road, Newton NC 28658. **This meet is the North Carolina Western Regional Qualifier for the Best of the Best competition that will be held on 14 April 2018. Commander's call will be at 0800 hrs in the Foard JROTC Classroom. PT Test will start at 0830 hrs.** Events will consist of the modified APFT, 5 KM Road March/Run, Obstacle Course, HMMWV Pull and One Rope Bridge. Trophies will be awarded for the top three teams overall, first through third places in each event, the top male and female in the APFT will be awarded a medal, and each participant will receive a ribbon. Registration will be \$75.00 per team, and the teams will consist of nine cadets – eight cadets for the primary team and one alternate that can be substituted as the team captain determines.
2. Please return the attached registration form to reserve your team's place in the competition. We will do the APFT first; followed by the 5K, then round robin the other events. Judges will be provided by the National Guard, designated college SROTC cadets, JROTC cadets, and active duty Military to the maximum extent possible; however I will need SAIs/AIs to help on the APFT scoring. **Registration is limited to the first 20 teams** (one team per school with exceptions on a case-by-case basis), so don't delay, **3 NOV 17 is the registration deadline.**
3. The meet will be in accordance with the 4th Brigade Raider MOI dated 9 MAR 2017, please review the MOI for additional details and specific information. Each team must carry a fully assembled guidon throughout the events and follow the uniform guidance stated in the MOI.
4. Logistics: We will sell drinks and snacks at the meet throughout the day at nominal prices. Latrines and water points are available on campus.
5. Scoring: In the event of a tie for the overall standings, the 5K March/Run times will be used to determine the winner. SAIs/AIs should have Contract of Release and Waiver of Liability forms for each participant and their team's Statement of Cadet Health with them at the meet.
6. Acknowledgement will be emailed upon receipt of registration form and fees. POC is COL(Ret) Weatherstone at (704) 462-1496, Fax (704) 462-1988; email [andrew\\_weatherstone@catawbасchools.net](mailto:andrew_weatherstone@catawbасchools.net).

ANDREW J. WEATHERSTONE  
COL, USA (Ret)  
Senior Army Instructor

# ENTRY FORM

SCHOOL NAME \_\_\_\_\_

SCHOOL ADDRESS: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

SCHOOL PHONE: (\_\_\_\_) \_\_\_\_\_

EMAIL: \_\_\_\_\_

POC NAME: \_\_\_\_\_

NUMBER OF TEAMS ENTERING: \_\_\_\_\_ X \$75 .00 = \_\_\_\_\_

**Payment information: Make check payable to: Fred T. Foard JROTC**

**School address: Fred T. Foard High School  
3407 Plateau Road  
Newton, NC 28658**

**POC contact numbers: COL(Ret) Weatherstone, Andrew, SAI, (704) 462-1496 ext 5303,  
Andrew\_weatherstone@catawbaschools.net**

**1SG(Ret) Thiel, AI, (704) 462-1496 ext 5303,  
William\_Thiel@catawbaschools.net**

**18 NOV 2017**  
**SEQUENCE OF EVENTS**

**LOCATION:** Fred T. Foard High School, 3407 Plateau Road, Newton, NC 28658

**PARKING:** Southside parking lot of the school beside the Football Stadium and Track facility

0715 – 0745 - Grader meeting/standards discussion

0745 – 0800 - Teams report in with necessary paperwork

0800 – 0830 - Commanders/Team Captains meeting/Team rotations assigned

0830 – 1000 - Modified Physical Training Test / 5K Run/March

1000 – 1330 - Teams participate through assigned rotations\*\*\*

1330 – 1345 - Awards and Closing Ceremony

\*\*\*All teams must be finished with all events by 1330 hrs. If a team is not finished, then they will automatically receive a disqualification from the remaining event or events. **The cutoff time is non-negotiable!!!**

# FRED T. FOARD HIGH SCHOOL

- From Highway 10, take left onto Plateau Road and drive South
- Proceed for almost 1 mile
- School will be on the right
- Take right onto Foard road (last entrance on the right)
- Proceed to parking lot beside the track/football field

